

[illegible]

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13. A process of manufacturing garcinol from fruits of *Garcinia* sp. comprising extracting said garcinol from the fruits with organic solvents.
14. A process of manufacturing of anthocyanin from fruits of *Garcinia* sp. comprising extracting said anthocyanin from the fruits with organic solvents.
15. A process of manufacturing hydroxycitric acid (HCA), garcinol and anthocyanin from fruits of *Garcinia* sp. comprising extracting said HCA, garcinol and anthocyanin from the fruits with organic solvents.
16. A process of manufacturing hydroxycitric acid from fruits of *Garcinia* sp. by CO₂ supercritical extraction.
17. A process of manufacturing garcinol from fruits of *Garcinia* sp. by CO₂ supercritical extraction.
18. A process of manufacturing anthocyanin from fruits of *Garcinia* sp. by CO₂ supercritical extraction.
19. A process of manufacturing hydroxycitric acid, garcinol and anthocyanin from fruits of *Garcinia* sp. by CO₂ supercritical extraction.
20. A method for appetite suppression in a subject in need of such effect, comprising administering to said subject an appetite suppressing effective amount of forskolin and garcinol.
21. A method for appetite suppression in a subject in need of such effect, comprising administering to said subject an appetite suppressing effective amount of forskolin and anthocyanin.
22. A method for appetite suppression in a subject in need of such effect, comprising administering to said subject an appetite suppressing effective amount of forskolin, garcinol and anthocyanin.
23. A method for inhibiting cytoplasmic citrate lyase in a subject in need of such effect, comprising administering to said patient a citrate lyase inhibiting effective amount of forskolin and garcinol.
24. A method for inhibiting cytoplasmic citrate lyase in a subject in need of such effect, comprising administering to said subject a citrate lyase inhibiting effective amount of forskolin and anthocyanin.
25. A method for inhibiting cytoplasmic citrate lyase in a subject in need of such effect, comprising administering to said subject a citrate lyase inhibiting effective amount of forskolin, garcinol and anthocyanin.
26. A method for increasing fat catabolism in a subject in need of such effect comprising administering to said subject a fat catabolizing effective amount of forskolin and garcinol.
27. A method for increasing fat catabolism in a subject in need of such effect comprising administering to said subject a fat catabolizing effective amount of forskolin and anthocyanin.
28. A method for increasing fat catabolism in a subject in need of such effect comprising administering to said subject a fat catabolizing effective amount of forskolin, garcinol and anthocyanin.